



James R. Holm, MD, FACP, FACEP, FUHM

Dr. James R. Holm is currently the Medical Director of the Center for Hyperbaric Medicine at Virginia Mason Medical Center in Seattle, Washington. Dr. Holm received his medical degree from Georgetown University in 1985. He completed and served as Chief Resident at the combined Emergency Medicine and Internal Medicine Program at Northwestern University in 1989.

Dr. Holm maintains active board certifications in Emergency Medicine, Internal Medicine, and Undersea and Hyperbaric Medicine. He has been awarded fellow status within the American College of Physicians, American College of Emergency Medicine, and the Undersea and Hyperbaric Medical Society.

He was President of the Pacific Chapter of the Undersea and Hyperbaric Medical Society in 2005. He is currently the President Elect of the Undersea and Hyperbaric Medical Society assuming the President position in 2014. His clinical activity and research interests include decompression illness, carbon monoxide poisoning, and treatment of chronic radiation tissue injury.

Dr. Holm grew up in Southern California and became a certified SCUBA diver 1969 at the age of 13. He became a SCUBA Instructor in 1978 and taught diving in California and Grand Cayman Island. He is still an active diver and enjoys underwater photography and videography.